

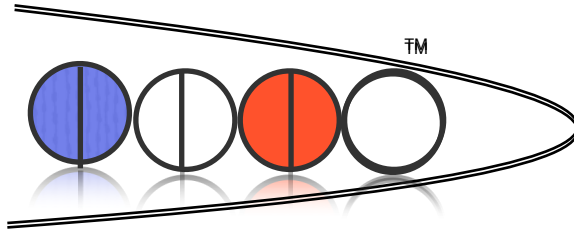
TETIDOCH DISTRIBUTION

514.973.0388



Pierre Elliott Trudeau
Elementary School

JAN. MENU 2019



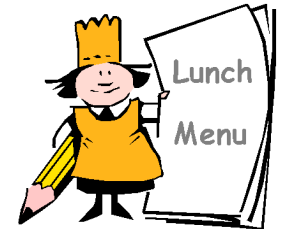
LUNCH MENU CHOICE GUIDE

ALL LUNCHES TO BE ORDERED IN ADVANCE

NOT THE SAME MORNING AS DESIRED MEAL

All Pre-Ordered lunches \$5.25

Same day lunch orders \$5.75



All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or unforeseen absence before 9am so that the meal is not prepared.

We would like to inform you that we do not honour unscheduled, unforeseen school closures. We distribute what we can to shelters, soup kitchens.

Thank you

Munchies

Assorted snacks will be available everyday, Yogurt, Fruit, milk, muffins etc... a price list is posted at the lunch counter, prices will vary from .

.75 cts - 1.50

Small Cesar/Green salad \$2.25
Large Cesar/Green Salad \$3.75
Chicken/Tuna Salad w/Drink \$5.25
Assorted Sandwiches \$2.75
Soup \$2.00

Tomato Pizza \$2.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 PED DAY	8 Beef & Cheese Homemade Burrito Nachos/Salsa Pineapples	9 Filet of Sole Vegetables/Potatoes and Yogurt Cup	10 Penne Pasta Tomato Sauce Bread/Butter Nutri Grain Bar	11 Grilled Cheese Sandwich Soup of the Day Cookie
14 Chicken Croissant Sandwich Cucumber Slices Fruit Salad	15 Chinese Macaroni Eggroll Plum Sauce Fortune Cookie	16 Bagel Cream Cheese Soup of the day Granola Bar	17 Spaghetti Meatballs Bread/Butter Applesauce Cup	18 All Beef Burger served with Coleslaw Brownie
21 Chicken Twister Wrap Corn Salad Pears	22 Bagelwich Bacon & Cheese Vegetable Soup Cookie	23 Chicken Nugget Meal Vegetables Pineapples	24 Rigatoni Bread/Butter and Fresh Fruit	25 Chicken Burger Vegetable on the side & Dessert
28 Meatloaf Gravy/Vegetable Potatoes Applesauce Cup	29 Garlic & Spinach Pasta Parmesan Bread (Bun) Pudding	30 Grilled Chicken Caesar Salad Garlic Bread Peach Slices	31 Italian Sausage Submarine Roasted Peppers Dessert	1 Tomato Pizza Slice Vegetable Salad Dessert